

ELIGIBILITY CHECK

- I am 16 year old or over
- I am a relative (or close friend providing regular support) of someone with a psychosis or bipolar disorder (*The list will include psychosis / schizophrenia / schizophreniform disorder / psychotic disorder / schizoaffective disorder / bipolar disorder / manic depression / cyclothymia*)

Have you recently been feeling nervous and strung-up all the time?*

Not at all No more than usual Rather more than usual Much more than usual

**If respond with either “rather more than usual” or “much more than usual” – then eligible

- I would like to receive help for my distress through an online toolkit
- I have regular access to a computer which is connected to the internet
- I have a good working knowledge of written and spoken English language
- I live in the UK (give postcode)
- I am not receiving support from mental health services in any of the areas involved in the IMPART study (list areas tbc – postcodes and NHS Trusts)
- To the best of my knowledge, I am the only relative/friend of the person I care for who is taking part in the REACT study

CONSENT FORM

Name

Email address:

Please respond to each statement in turn as they appear on the screen. Please note that you must agree with some items in order to take part in the study. However, some items are optional, and you can leave these blank. This will not affect your ability to take part in the study.

- I confirm that I have read the participant information sheet dated XXXX and fully understand what is expected of me within this study. I have had the opportunity to consider the information, ask questions and have had these answered satisfactorily.
- I understand that my participation is voluntary and that I am free to withdraw at any time without giving any reason, without my medical care or legal rights being affected. If I withdraw, the questionnaire data I have provided can only be removed up to 2 weeks after data collection. After this point my questionnaire data may still be used in the analysis and publication of this study. The web usage and forum data I have provided up until this point cannot be retracted and may be used in analysis.

- I consent to my data on the REACT website being used for research purposes.
- I consent to being contacted throughout study using the contact details I have provided.
- I consent to my data initially being stored on a secure university server at the Clinical Trials Unit (CTU), Liverpool. I consent to Lancaster University keeping my personal data for 15 years after the study has finished and my anonymised data indefinitely. I understand that data collected from the study may be looked at by regulatory authorities or by persons from the Trust where it is relevant to my taking part in this research. I give permission for these individuals to have access to this information.
- I understand that my personal details will be kept confidential and all data published will be anonymous. I understand that my anonymised data being used in the future for secondary analysis of broader research questions related to improving outcomes for relatives of people with psychosis or bipolar disorder.
- I consent to take part in the above study.
- [Optional]** I consent to my details being stored on the Spectrum Connect secure database at The Spectrum Centre for Mental Health Research, Lancaster University so that I can be informed of future research that may be of interest to me.